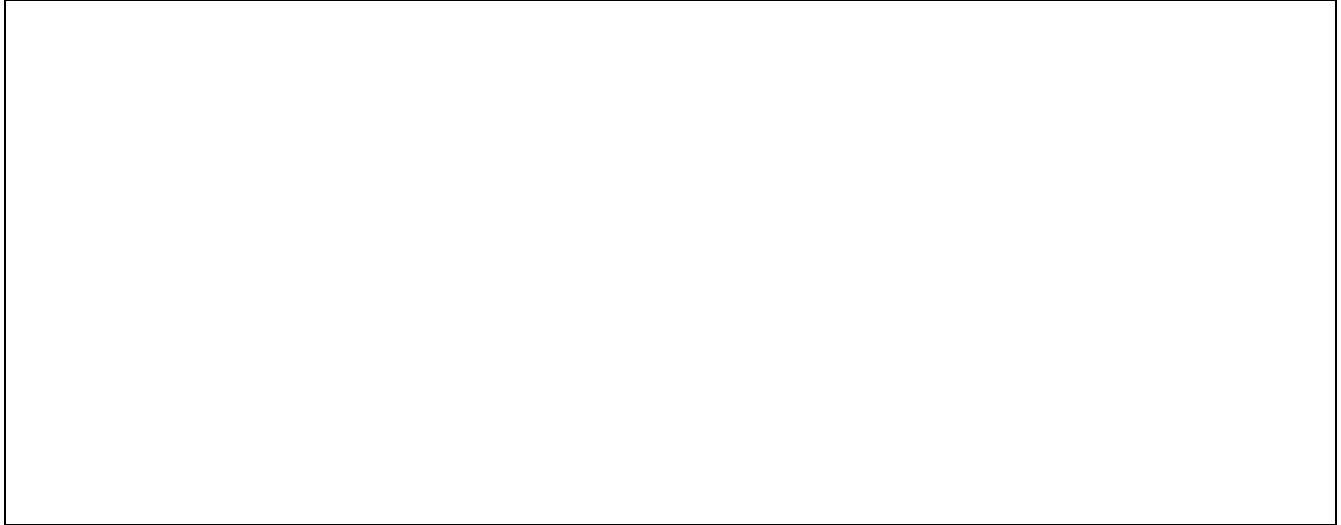


Words Matter

Illustrate the story here:



It is important to remember that words matter. The words we say can impact how we feel and how we make other people feel.

Kind words are powerful. We are more likely to get what we need when we ask nicely. We can also use kind words to express our feelings and share what we are thankful for. Think of a time someone gave you a compliment. It probably made you feel cheerful.

Unkind words are powerful too. They can be deeply painful and disrespectful. Has anyone ever said something unkind to you? It probably made you feel dreadful.

Nobody is flawless, we all make mistakes. If we say something hurtful, we can stop, reflect, and retry. Hopefully, we can all think deeply about the words we say to make everyone's day a bit more delightful.